

Spiriva HandiHaler



Spiriva HandiHaler® (tiotropium bromide)

18 mcg



Medicine	Need a	My dose
Controller (dry powder medicine with in a capsule)	Yes	Check Asthma Action Plan

- remove the Spiriva capsule from the blister
- Place the capsule in the center chamber
- Close the mouthpiece firmly against gray base until you hear a click. Leave lid open.
- Hold the device pointed up and press the green piercing button once until it is flat against the base, then release.
- Breath out away from the device then raise the device to your mouth (in a horizontal position) and breath in deeply. You should feel or hear the capsule vibrate. Hold your breath for 10 seconds.
- Breath out completely
- Repeat steps 4-6 to get your full dose

Use the camera on your phone to scan this QR code for the Spiriva HandiHaler Website:

1/6/2021



There is information about:

- ◆ How to use the HandiHaler
 - ◆ Click “Download Instructions for Spiriva Handihaler”
- ◆ Save money:
 - ◆ Click on “menu” then Savings and Support”