

→ ABCD of Comfort

Apply a topical
Breastfeeding/Sucrose
Comfort Positions
Distraktion



Tummy to back



Tummy to tummy in chair



Side sit in chair



Tummy to tummy



Tummy to back in chair

→ ABCD of Comfort



Tummy to tummy
(Appropriate for kids who don't want to watch)



Cradle
(Ideal for breastfeeding/sucrose)



Tummy to back sitting
(Ideal for heel sticks, injection in thigh)



Tummy to back in chair
(Appropriate for kids who want to watch)



Tummy to back



Tummy to tummy
(Ideal for breastfeeding/sucrose)