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Background

- Interest in HIV/Tuberculosis
- Desire to learn how to practice evidence based medicine in a low resource setting

Objective

- To engross myself in a completely different culture
- To learn about practicing medicine in a resource poor setting
- To learn about the public health effects of HIV

Preparation



Experience

- Worked in clinic for children with HIV/AIDS in the capital city of Mbabane and had the opportunity to travel to community hospitals and clinics throughout the country

Reflection

- Appreciation for resources in the the western world
- Improved clinical acumen when forced to make decisions in a resource poor setting
- Recognition of culture and history on public health and well-being
- Procurement of clinical knowledge of infections in the immunocompromised population
- Immersion into an unfamiliar culture

Future Directions

- Continued interest in HIV both at home and abroad
- Further trips to Africa

