

Letter of Med Nec for thickner
(patient unstable for OPM)

Date:

RE:

DOB:

To whom it may concern;

(patient) is a (age) (sex) that has a diagnosis of but not limited to (diagnosis). Due to (patient) complex medical condition it is recommended that all liquids taken by mouth be thickened, failure to do so can result in aspiration. This is needed to adequately supply (patient) with the nutrition he/her needs to sustain life and to keep healthy, but due to (patient) fragile complex medical condition a current OPM study has not been able to be performed. It is recommended that an OPM be held off until (patient) condition is more stable.

(patient) needs approximately _____ml/ounces of fluid a day, thickened to a (honey/syrup/nectar) consistency. (mixing instructions: # of packet/pump of simply thick to ounces of fluid and type)

Sincerely,

Provider