
NEW ON DEMAND TRAININGS FOR PHYSICAL ACTIVITY IN EARLY CHILDHOOD EDUCATION

Just Released! Two, On Demand Child Care Training modules on **physical activity** for early care and education professionals:

- [Physical Activities for Young Children: Lead with Confidence](#)
- [Family Child Care: Overcoming Barriers to Lead Fun Physical Activities](#)

The trainings were produced by [Better Kid Care](#) and led by Dr. Diane Craft, a professor of physical education at SUNY Cortland and consultant to CDC on early childhood physical activity.

Content for these modules are available at no cost. If a certificate of completion is needed or required, a \$5.00 fee is charged. Many [states approve Better Kid Care online lessons](#) for child care professional development credit.

Please feel free to share this with trainers and child care providers across your state!